

New Video Answers “What is a File of Life?”

40-year-old Stroke Recovery Group Expands One Minute Stroke Info Video Series

Troy, Michigan (July 30, 2022)

The 40-year-old Cane and Able Stroke Recovery Group recently launched a new video series entitled “One Minute Stroke Info.” They are pleased to announce that the latest topic, “What is a File of Life?” has just been published. As the series title suggests, each video is about a minute in length – just enough time to introduce the subject or answer a question.

The video, which explains how this simple document can be used by EMS personnel to more effectively perform their duties, can be seen at <https://rumble.com/v1e72uv-what-is-a-file-of-life.html>.

Upcoming videos will cover topics including stroke symptoms; deficits, such as aphasia and dysarthria; potential causes such as sleep apnea; and much more. Additional resources are available on the group’s website, www.CaneAndAble.org.

The Cane and Able Stroke Recovery Group is one of the oldest and largest stroke clubs in the State of Michigan as well as the United States. Established January 14, 1982, their focus as a non-profit stroke recovery group has remained the same: provide support and encouragement, provide education about stroke and stroke recovery, provide education about non-stroke related issues, and be a source of recreation and community re-entry.

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For more information, contact Cane and Able Stroke Recovery Group at (248) 964-4222 or via our website at www.CaneAndAble.org.